



Meaning • Purpose • Recovery

411 N. Grant St., Salt Lake City, Utah 84116

P 801.359.8862

F 801.359.8510

firststephouse.org

Wednesday, March 14, 2018

To whom it may concern,

My name is [REDACTED]. I currently serve as the Clinical Director at First Step House, a non-profit substance abuse treatment facility, based in Salt Lake City. I have served in this capacity since July of 2013 and have more than 12 years of experience the substance abuse and mental health treatment field.

I write today, a letter of recommendation for Mr. Cameron Ashdown with regard to his potential for specialty work with a veteran population. I have worked with Cameron for the last 18th months and supervised him clinically during his first-year graduate internship and now supervise him in his capacity as a Veteran Special Needs Case Management Supervisor.

During my time with Cameron, he has shown himself to be an individual capable of spanning several levels of our organization. From ground-level crisis and case management to operational meetings and audit preparation, Cameron has demonstrated a level of proactivity, which results in his projects being completed in a timely manner with a high degree of accuracy. He is highly-aware of the individual strengths of his clients and works to leverage those strengths in helping individuals overcome the deficits they face. During his internship, he was trained in Rational Emotive Behavioral Therapy and Motivational Interviewing, two evidence-based practices that he employs daily with in his work.

The population Cameron serves are exclusively Veterans, but from many differing age groups, health and mental health conditions, walks of life, and military service backgrounds. Cameron has proven himself to be sensitive to this high degree of diversity and works diligently in advocating for each of the individuals under his care. He works to ensure that his contacts with clients are all therapeutic and tailored to the specific individual.

Since knowing him, Cameron has continually expressed to me a strong desire to work with Veterans who suffer from some of the most serious and debilitating conditions that are often associated with combat duty and other intensive military operations. Based on this desire, his own service, and his unique person-centered abilities, I believe him to be fully equipped to fulfill this desire with aplomb.

Please accept this letter as a recommendation for Mr. Ashdown to serve a high-need Veteran population.

Regards,

[REDACTED SIGNATURE]

Clinical Director

Cc, Cameron Ashdown

Board of Directors

Chanin M. Christensen, Esq, Chair
Joe Culbertson, MD, Vice-Chair
Brandy Farmer, Secretary
Pamela Gold

Ken Jackson, MBA
Jacob C. Smith, CPA
Annette Fleckenstein, MS, PhD
Kerry Bate

Supported by

SALT LAKE COUNTY